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## Quality, oxidative markers and DNA damage (DNA) fragmentation of red deer thawed spermatozoa after incubation at 37 °C in presence of several antioxidants

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#### Abstract

Antioxidants may be useful for supplementing sperm extenders. We have tested dehydroascorbic acid (DHA), TEMPOL, N-acetyl-cysteine (NAC) and rutin on epididymal spermatozoa from red deer, during incubation at 37 °C. Cryopreserved spermatozoa were thawed, washed and incubated with 1 mM or 0.1 mM of each antioxidant, including oxidative stress  $(Fe^{2+}/ascorbate)$ . Motility (CASA and clustering of subpopulations), viability, mitochondrial membrane potential, and acrosomal status were assessed at two and four h. Lipoperoxidation, intracellular reactive oxygen species (ROS) and DNA damage (DNA) status (TUNEL) were checked at 4 h. Oxidative stress increased ROS, lipoperoxidation and DNA damage. Overall, antioxidants negatively affected motility and physiological parameters. Only DHA 1 mM protected motility, increasing the fast and progressive subpopulation. However, it had a detrimental effect on acrosomal and DNA status, in absence of oxidative stress. Tempol and rutin efficiently reduced lipoperoxidation or protecting DNA, and did not reduce ROS, but its negative effects were lower than the other antioxidants when used at 1 mM, increasing the subpopulation of hyperactivated-like spermatozoa at 2 h. Our results show that these antioxidants have mixed effects when spermatozoa are incubated at physiological temperatures. DHA may not be suitable because of prooxidant effects, but TEMPOL, NAC and rutin may be considered for cryopreservation trials. In general, exposure of red deer spermatozoa to these antioxidants should be limited to low temperatures, when only protective effects may develop.

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Keywords: Red deer; Spermatozoa; Antioxidant; Oxidative stress; DNA damage

#### 1. Introduction

Antioxidants have an important role maintaining the motility and the genetic integrity of spermatozoa [1].

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Not only pathologic situations put spermatozoa under oxidative stress, but also assisted reproductive techniques may elicit the generation of free radicals [2]. Artificial reproductive techniques (ART), such as cryopreservation, washing and incubation, produce deleterious effects, which can be linked to decreasing fertility. One of the strategies to prevent these deleterious

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effects is to remove free radicals from the sperm me-46 dium, adding antioxidants [3-8]. 47

There is a great variety of antioxidant substances, including vitamins, enzymes and other free radical 49 50 scavengers. The mechanism of action, toxicity and effectiveness vary enormously. Moreover, the effect of antioxidants may change depending on species, medium and protocols (e.g., refrigerated storage vs. cryo-54 preservation vs. IVF).

This study aims at testing a series of antioxidants for their use on the manipulation and conservation of red deer spermatozoa. The protocol follows a previous design, incubating thawed spermatozoa in a buffered medium supplemented with two typical concentrations (1 and 0.1 mm) of several antioxidants [9]. The purpose of such a protocol is to define the general effects of the tested antioxidants on red deer spermatozoa and their possible toxicity, if any. Thus, future studies may use the results of this preliminary test for refining specific applications of these antioxidants (for instance, making up new cryopreservation extenders and testing a particular concentration range). The particularity of the antioxidants chosen in this study-dehydroascorbic acid, TEMPOL, rutin and N-acetyl-cysteine-is that they belong to antioxidant families with different mechanisms of action. In this manner, the results of this study might be useful for researchers testing antioxidants of similar chemical structure and, thus, similar solubility, toxicity and similar effects on spermatozoa.

Dehydroascorbic acid (DHA) is the oxidized form of vitamin C (ascorbic acid). Cells can readily import DHA into the cytoplasm and organelles (rather than ascorbic acid [10]), and reduce it to ascorbic acid, which contributes to the antioxidant system of the cell [11]. It has been confirmed that spermatozoa of several mammals express glucose transporters (GLUT family), and that spermatozoa can import DHA through these transporters [12]. Therefore, we hypothesized that DHA could be more efficient than ascorbic acid -typically used in previous studies with spermatozoa [5,13-17]-as an intracellular antioxidant and for supplementing sperm media.

88 Tempol (4-hydroxy-2,2,6,6-tetramethylpiperidine 89 1-oxyl) is a membrane-permeable nitroxide with SOD-90 like activity [18]. Due to its ability to permeate mem-91 branes, TEMPOL could be a good candidate to provide 92 intracellular protection against free radicals produced in 93 the mitochondria, especially the superoxide radical. 94 Tempol has been tested in several ruminant species, 95 preserving sperm motility during refrigerated storage of 96 goat and ram spermatozoa [19,20]. However, TEMPOL 97

did improve neither motility in cryopreserved bull spermatozoa [21] nor the kidding rate after refrigerated storage of goat semen [20].

Rutin belongs to the chemical family of the flavonoids. These are plant secondary metabolites based on the backbone of 2-phenylchromen-4-one (2-phenyl-1,4-benzopyrone). Flavonoids possess a wide range of biological activities, and they are potent antioxidants with anti-genotoxic activity [22]. However, flavonoids can act as prooxidants and genotoxics at low concentrations (100  $\mu$ M), while protective effects occurred at 500  $\mu$ M [22,23]. Other flavonoids have been tested in spermatozoa [24], suggesting interesting effects of these compounds beyond their antioxidant effects. Thus, Córdoba, et al. [25] showed that quercetin lowered reactive oxygen species (ROS) levels while modulating capacitation in bull spermatozoa.

Finally, we have included N-acetyl-cysteine (NAC) as a representative of the thiol antioxidant family. Reduced thiols are not only capable to remove free radicals from the medium, but also to regenerate oxidized thiols, improving the redox balance of the cell. Bilodeau, et al. [26] preserved the motility of thawed bull spermatozoa in the presence or absence of oxidative stress, using reduced glutathione, cysteine, NAC of 2-mercaptoethanol at the mM range. Studies in other species have shown that NAC is an efficient ROS scavenger when used in sperm incubation media, improving sperm function [27,28]. However, Pagl, et al. [29] reported that NAC had no effect on the refrigerated storage of stallion spermatozoa.

In our previous report [9], we analyzed many physiological parameters of red deer spermatozoa while testing lipoic acid, melatonin, trolox and crocin. We showed that lipoic acid had no effect, but melatonin, trolox and crocin were efficient antioxidants and protected sperm DNA damage (DNA), whereas crocin had other effects, such as stimulating motility and lipid peroxidation. Our objective in this study is to obtain novel information for the proposed set of antioxidants, which may be useful in future studies and applications. These antioxidants have been never tested in red deer spermatozoa, and very scarcely in other ruminants. In the case of DHA, it has never been tested on spermatozoa.

#### 2. Materials and methods

#### 2.1. Reagents and media

Fluorescence probes YO-PRO-1 and Mitotracker Deep Red, and the ApoTarget APO-BRDU Kit 53

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(TUNEL test) were purchased from Invitrogen (Barce-98 99 lona, Spain). The spectrophotometric assay for malondialdehyde (BIOXYTECH MDA-586) was purchased 100 101 from Oxis International (Beverly Hills, CA, USA). 102 Flow cytometry equipment, software and consumables 103 were purchased from Beckman Coulter (Fullerton, CA, 104 USA). The rest of the chemicals (Reagent grade or 105 higher) and the fluorescence probes propidium iodide 106 (PI) and PNA-TRITC were acquired from Sigma (Ma-107 drid, Spain). Stock solutions of the antioxidant solu-108 tions (dehydroascorbic acid, TEMPOL and N-acetyl-109 cysteine) were prepared as 100 mM and 10 mM of 110 antioxidant in double-distilled water, except rutin, 111 which was diluted in 1 M NaOH. The oxidant stock was 112 prepared as 10 mM FeSO4 and 50 mM sodium ascorbate 113  $(Fe^{2+}/ascorbate)$  in water. The function of ascorbate is 114 to recycle Fe<sup>2+</sup>, reducing Fe<sup>3+</sup>. Therefore, DHA would 115 not interfere with this reaction, since it is already oxi-116 dized.

117 Stock solutions of the fluorescence probes were PI: 118 7.5 mm; PNA-TRITC: 0.2 mg/mL; YO–PRO-1: 50 μm; 119 TO-PRO-3: 50 µм; Mitotracker Deep Red: 1 mм; CM-120 H<sub>two</sub>DCFDA: 500 μм. All fluorescent stocks were pre-121 pared in DMSO, except for PI and PNA-TRITC which 122 were prepared in water, and kept at -20 °C and in the 123 dark until needed. The antioxidant and the oxidant 124 solutions were prepared the same day. BGM-3 (Bovine 125 Gamete Medium) was composed of: 87 mM NaCl, 3.1 126 тм KCl, 2 тм CaCl<sub>2</sub>, 0.4 тм MgCl<sub>2</sub>, 0.3 тм 127 NaH<sub>2</sub>PO<sub>4</sub>, 40 mм HEPES, 21.6 mм sodium lactate, 1 128 mm sodium pyruvate, 50  $\mu$ g/mL kanamycine, 10  $\mu$ g 129  $mL^{-1}$  phenol red and 6 mg/mL BSA (pH 7.5). 130

#### 131 2.2. Animals and spermatozoa collection and 132 cryopreservation

133 Epididymal samples were collected from mature 134 stags (Cervus elaphus hispanicus, Helzheimer 1909) 135 that were legally culled and hunted in their natural 136 habitat during the rutting season (September and Octo-137 ber). Hunting was in accordance with the harvest plan 138 of game reserves, following Spanish Harvest Regula-139 tion (Law 2/93 of Castilla-La Mancha), which con-140 forms to European Union Regulations. Spermatozoa 141 were collected from the cauda epididymis within 3 h 142 post-mortem, and diluted at ambient temperature to  $200 \times$ 143 10<sup>6</sup> spermatozoa/mL in Triladyl (Minitüb, Tiefenbach, 144 Germany) with 20% egg yolk. Extended spermatozoa 145 were cooled down to 5 °C (-2 °C/min) and equili-146 brated for 2 h at the same temperature. Samples were 147 loaded into 0.25-mL plastic straws (IMV, L'Aigle Ce-148 dex, France) and frozen in nitrogen vapor (4 cm above 149

liquid nitrogen, -120 °C) for 10 minutes. The straws 98 remained for a minimum period of 1 year in liquid 99 nitrogen. When needed, doses were thawed by dropping them into a water bath with saline solution at 37 °C for 30 s. 102

#### 2.3. Experimental design

Straws from our cryobank corresponding to four males were thawed and mixed forming a pool. The pool was washed free of freezing extender by diluting with three volumes of BGM-3, centrifuging (600g, 5 min) and removing the supernatant. The pellet was slowly resuspended in BGM-3 up to  $30 \times 10^6$  cells/mL.

The washed pool was split among nine tubes. Eight of them were supplemented with either one-hundredth of the 100-mm solution (1 mm final) or the 10-mm solution (0.1 mM final) of each antioxidant: dehydroascorbic acid (DHA), TEMPOL, rutin or NAC. The ninth tube was used as control. All the experiments were replicated seven times.

#### 2.3.1. Effect of antioxidants in the motility of thawed *spermatozoa*

The tubes were incubated at 37°C. Motility was assessed after 2 h and 4 h.

#### 2.3.2. Effect of antioxidants in the physiology of thawed spermatozoa submitted to oxidative stress

Half of the volume of each tube was passed to another series of tubes, which were submitted to oxidative stress by adding 100 µM of FeSO4 and 500 µM of sodium ascorbate. The tubes were incubated at 37 °C and analyzed for viability, mitochondrial status and acrosomal status after 2 h and 4 h.

#### 2.3.3. Effect of antioxidants in markers of oxidative stress and DNA damage of thawed spermatozoa submitted to oxidative stress

The same set of 18 tubes, supplemented with the respective antioxidants and with or without oxidant, was incubated for 4 h at 37 °C and analyzed for lipid peroxidation (malondialdehyde production), ROS production and DNA damage. Control was analyzed before starting the incubation, as a reference value.

#### 2.4. CASA analysis

Sperm were diluted down to 10 to  $20 \times 10^6$  sper-143 matozoa/mL and loaded into a Makler counting cham-144 ber (10-µm depth) at 37 °C. The CASA system con-145 sisted of a triocular optical phase-contrast microscope 146 (Nikon Eclipse 80i; Nikon, Tokyo, Japan), equipped 147 with a warming stage at 37 °C and a Basler A302fs 148 digital camera (Basler Vision Technologies, Ahrens-149

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burg, Germany). The camera was connected to a com-150 151 puter by an IEEE 1394 interface. Images were captured and analyzed using the Sperm Class Analyzer 152 153 (SCA2002) software (Microptic s.l.; Barcelona, Spain). 154 Sampling was carried out using a  $\times 10$  negative phase-155 contrast objective (no intermediate magnification). Im-156 age sequences were saved and analyzed afterward. The 157 standard parameter settings were 25 frames/sec; 20 to 158 90  $\mu$ m<sup>2</sup> for head area; VCL >10  $\mu$ m/sec to classify a 159 spermatozoon as motile. For each spermatozoa, the 160 software rendered the percentage of motile spermato-161 zoa, three velocity parameters (VCL, velocity accord-162 ing to the actual path; VSL, velocity according to the 163 straight path; VAP, velocity according to the smoothed 164 path), three track linearity parameters (LIN, linearity; 165 STR, straightness: WOB, wobble), the ALH (amplitude 166 of the lateral displacement of the sperm head) and the 167 BCF (head beat-cross frequency). 168

### 169 2.5. Fluorescence probes for sperm analysis

170 Flow cytometry analyses using fluorescence probes 171 were carried out as described previously [9]. Briefly, 172 samples were diluted down to 10<sup>6</sup> spermatozoa/mL in 173 BGM-3, and stained using four fluorophore combina-174 tions. Sperm viability (intact plasmalemma, normal 175 permeability) and increased membrane permeability 176 (apoptotic-like) were assessed with 0.1 µM YO-PRO-1 177 and 10 µM PI. Mitochondrial activity and acrosomal 178 status were assessed by combining 0.1 µM YO-PRO-1, 179 0.1 µM Mitotracker Deep Red and 4 µg/mL PNA-180 TRITC (peanut agglutinin). Yo-PRO-1 allowed dis-181 criminating membrane-intact spermatozoa, while active 182 mitochondria were stained by Mitotracker Deep Red 183 and damaged acrosomes were stained by PNA-TRITC. 184 Spermatozoa stained in these two solutions were incu-185 bated 20 min in the dark before being run through a 186 flow cytometer. 187

For assessing intracellular ROS, spermatozoa were 188 diluted in BGM-3 with 0.5 µM CM-H<sub>two</sub>DCFDA and 189 0.1 μM TO-PRO-3. CM-H<sub>two</sub>DCFDA is retained within 190 cells after being cleaved by cellular esterases. When it 191 is oxidized, it acquires an intense fluorescence, indicat-192 ing presence of intracellular ROS. Spermatozoa were 193 incubated for 30 min in the dark at 37 °C before being 194 analyzed. 195

DNA damage was assessed by TUNEL [terminal deoxynucleotidyl transferase (TdT)-mediated dUTP nick end-labeling assay], following the manufacturer's instructions (ApoTarget APO-BRDU Kit). Briefly, spermatozoa diluted in PBS (10<sup>6</sup> cells/mL) were fixed for 1 h in 2% paraformaldehyde. The cells were washed

twice with PBS and resuspended in 70% ethanol at 0 150 °C. The samples were left at -20 °C overnight. Then, 151 the cells were washed twice using the wash buffer 152 153 provided with the Kit, adding the DNA labeling mixture after removing the wash buffer. After 60 min at 37 154 °C (with agitation), the cells were washed twice using 155 156 the rinse buffer. Finally, the cells were resuspended in the antibody solution (FITC-anti-BrdUTP mAb) and 157 158 incubated for 30 min at room temperature in the dark. Samples were resuspended in a PI/RNase A solution 159 160 and analyzed by flow cytometry within 2 h. Positive 161 and negative controls (incubation of fixed cells with 162 DNase A and substituting water for the DNA labeling 163 mixture, respectively) were used to standardize the as-164 say.

165 Flow cytometry analyses were carried out with a 166 Cytomics FC 500 flow cytometer (Beckman Coulter, 167 Brea, CA, USA), with a 488 nm Ar-Ion laser (excita-168 tion for YO-PRO-1, TRITC, PI, CM-H<sub>2</sub>DCFDA and 169 TUNEL), and a 638 nm LED (excitation for Mito-170 tracker Deep Red and TO-PRO-3). Fluorescence from 171 YO-PRO-1, CM-H<sub>2</sub>DCFDA and TUNEL (fluorescein 172 isothiocyanate—FITC) were read using a 525/25 BP 173 filter, TRITC was read using a 575/20 BP filter, PI was 174 read using a 620/20 BP filter, and Mitotracker Deep Red 175 and TO-PRO-3 were read using a 675/40 BP filter. 176 FSC/SSC signals were used to discriminate spermato-<sub>F1</sub>77 zoa from debris (Fig. 1). Fluorescence captures were 178 controlled using the MPX software provided with the 179 cytometer. All the parameters were read using logarith-180 mic amplification. For each sample, 5000 spermatozoa 181 were recorded, saving the data in flow cytometry stan-182 dard (FCS) vs. 2 files. The analysis of the flow cytom-183 etry data were carried out using WEASEL vs. 2.6 184 (WEHI, Melbourne, Australia). The YO-PRO-1/PI and 185 YO-PRO-1/PNA-TRITC/Mitotracker Deep Red stain-186 ing were analyzed as previously described for red deer 187 [30]. 188

#### 2.6. Assessment of lipid peroxidation

190 The susceptibility of the spermatozoa to lipoperoxi-191 dation was assessed using the Bioxitech MDA-586 kit 192 (Oxis International, Foster, CA, USA) to detect malon-193 dialdehyde (MDA) concentration, as described by 194 Domínguez-Rebolledo, et al. [9]. Briefly, samples were 195 diluted with PBS to  $10^7 \text{ mL}^{-1}$  and incubated for 30 min 196 at 37 °C with 40  $\mu$ M of Fe<sup>2+</sup> and 200  $\mu$ M ascorbate, to 197 induce MDA release [31]. Samples were mixed with 198 the reactive provided in the kit and incubated at 45 °C 199 for 1 h. Then, the tubes were centrifuged and the su-200 pernatant was transferred to wells (200  $\mu$ L/well) in a 201

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Fig. 1. Representative flow cytometry dot plots for the FSC/SSC signals, YO–PRO-1/PI and Mitotracker Deep Red/YO–PRO-1 stains. After washing, samples contained almost no debris, and any remaining debris was easily gated out using FSC/SSC signals (a) No debris can be detected in fluorescence dot plots (b). The quadrants in the YO–PRO-1/PI dot plot (b) separates the three types of stain (YO–PRO-1-/PI–, viable, intact plasmalemma, normal permeability; YO–PRO - 1+/PI–, apoptotic-like, increased membrane permeability; YO–PRO - 1+/PI+, damaged membrane). In Mitotracker/YO–PRO-1 dot plots (c), regions were used for enclosing MT+ spermatozoa (right; active mitochondria) and MT-/YO-PRO-1-spermatozoa (left; inactive mitochondria, normal membrane permeability). Flow cytometry analyses are described in detail in Martínez-Pastor, et al. [61].

96-well flat bottom transparent plate (Nunc, Roskilde, Denmark). The plate absorbance at 586 nm was read on a multipurpose microplate reader (Synergy HT, Bio-Tek, Winooski, VT, USA). The MDA concentrations were calculated from a standard curve generated from known quantities of MDA, and presented as nmol of MDA per 10<sup>8</sup> spermatozoa.

# 228 2.7. Statistical analysis229

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Data were analyzed in the R statistical environment 230 [32]. To analyze the effects of time, antioxidant sup-231 plement and oxidant effect on sperm parameters, we 232 used linear mixed-effects models, with incubation time, 233 antioxidant and antioxidant concentration in the fixed 234 part of the models, and, including the replicates as the 235 grouping factor in the random part of the models. Re-236 sults are presented as mean ± SEM, or effect sizes 237 (mean  $\pm$  SEM of the respective coefficients) respect to 238 the control (that is, the variation of the given parameter 239 relative to the control). 240

To study sperm hyperactivation and changes in the 241 motility patterns, we carried out a cluster analysis on 242 CASA data [2]. Briefly, we first chose VAP, STR, 243 WOB, ALH as the most informative parameters (min-244 imizing correlations). Spermatozoa were initially 245 grouped by using a non-hierarchical method (k-means; 246 Clara algorithm), to produce 25 homogeneous clusters. 247 These clusters were grouped using a model-based clus-248 tering (hierarchical method), using the Bayesian Infor-249 mation Criterion (BIC) to find the optimal model and 250 final number of clusters. Then, the proportion of each 251 cluster in each sampling was studied in the same man-252 ner than the rest of the parameters. 253

#### 3. Results

Motility was affected by most treatments, being most noticeable at 4 h (Table 1). Total motility (TM), progressive motility (PM), VAP and ALH of the Control decreased steadily but significantly with time. At 2 h, some antioxidants produced some inhibition of motility. Rutin 1 mM depressed all the five motility parameters showed in Table 1, and TEMPOL 1 mm decreased PM, VAP and ALH. The lower concentrations of these antioxidants affected PM (rutin) and VAP (TEMPOL) in a lesser degree but still significantly. This negative effect was also displayed in NAC-treated samples, with lower PM (1 mM), VAP (0.1 mM) and LIN (1 and 0.1 mm). Contrarily, DHA enhanced several motility parameters above Control: PM and LIN at 1 and 0.1 mm, and VAP at 1 mm, while not showing a significant motility depression.

238 At 4 h, rutin 1 mm produced the largest inhibitory 239 effect on motility, decreasing TM by  $-25.0 \pm 3.1$ 240 respect to Control. As for 2 h, rutin 1 mM decreased all 241 kinetic parameters. However, when applied at 0.1 mm, 242 there were no significant differences respect to Control 243 (although mean values were lower). Tempol 1 mM 244 reduced motility parameters too, except for ALH, but 245 with a lower effect than rutin 1 mm. Tempol 0.1 mm 246 only decreased TM. NAC decreased TM (interestingly, 247 the effect was larger at 0.1 mM than at 1 mM,  $-16.0 \pm$ 248  $3.2 \text{ vs.} - 11.3 \pm 3.2$ ). LIN, which was not significantly 249 affected by incubation time in the Control, showed a 250 significant decrease in both NAC concentrations. DHA 251 1 mm protected motility, in fact yielding a higher LIN 252 than the Control (59.3  $\pm$  2.8% vs. 53.3  $\pm$  2.7%), 253

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254 Table 1

255 Sperm motility (mean  $\pm$  SEM) in samples submitted to two and four h of incubation at 37 °C. Differences among incubation times (Control 256 samples) are indicated with different letters (P < 0.05). Asterisks indicate significant differences among each antioxidant treatment and the Control within each incubation time (\* P < 0.05; \*\* P < 0.01; \*\*\* P < 0.001).

Time	Antioxidant	mM	TM (%)	PM (%)	VAP (µm/sec)	Lin (%)	ALH (µm)
0	Control		$92.9 \pm 4.4$	$45.6 \pm 6.1$	$101.9 \pm 4.5$	53.7 ± 4	$4.8 \pm 0.6$
2	Control		$81.2 \pm 3.7$	$40.2 \pm 3.3$	$80.1 \pm 6.8$	$56.2 \pm 2.4$	$3.6 \pm 0.3$
	DHA	0.1	$83.7 \pm 4.2$	$44.3 \pm 5.5$	$81.5 \pm 6.6$	$58.7 \pm 4.4$	$3.3 \pm 0.3$
		1	$82.5\pm9.9$	$44.8 \pm 4.4$	$89.5 \pm 5.7$	$60.4 \pm 3$	$3.4 \pm 0.4$
	NAC	0.1	$77.3 \pm 5.5$	$36.6 \pm 2.9$	$74.6 \pm 3.8$	$53.8 \pm 2.3$	$3.5 \pm 0.2$
		1	$74.8 \pm 12.2$	$34.1 \pm 6$	$77 \pm 5.4$	$53.1 \pm 1.8$	$3.7 \pm 0.2$
	RUT	0.1	$75.6 \pm 5$	$35.9 \pm 3.2$	$75.2 \pm 4.8$	$54.5 \pm 2.3$	$3.5 \pm 0.3$
		1	$63.2 \pm 7.7$	$27.4 \pm 2.7$	59.2 ± 3.5	$50.3 \pm 1.8$	$3.1 \pm 0.2$
	TPL	0.1	$75.4 \pm 4.3$	$36.7 \pm 4.7$	$74.8 \pm 7$	$55.7 \pm 2.5$	$3.4 \pm 0.3$
		1	$75.3 \pm 8.6$	$36 \pm 5$	$70.2 \pm 3.9$	$54.2\pm2.8$	$3.3 \pm 0.1$
4	Control		$79.1 \pm 4.9$	$35.9 \pm 3.2$	$66.5 \pm 4.3$	$53.3 \pm 2.7$	$3.3 \pm 0.2$
	DHA	0.1	$70.5 \pm 9.6$	$32.7 \pm 5.2$	$65.2 \pm 4.2$	$54.6 \pm 4.1$	$3 \pm 0.2$
		1	$84.1 \pm 5.6$	$43.7 \pm 4.5$	$78.2 \pm 8.3$	$59.3 \pm 2.8$	$3.1 \pm 0.2$
	NAC	0.1	$63.1 \pm 6.5$	27 ± 4.5	$58.6 \pm 3.7$	$50 \pm 3$	$3.1 \pm 0.3$
		1	$67.8 \pm 5.6$	$29 \pm 4.2$	$62.5 \pm 4.9$	$50.1 \pm 2.5$	$3.2 \pm 0.2$
	RUT	0.1	$71.9 \pm 6.3$	$31.2 \pm 3.2$	$65 \pm 9.6$	$50.8 \pm 1.6$	$3.5 \pm 0.4$
		1	$54.1 \pm 5.9$	$20.8 \pm 3.4$	$51.5 \pm 3.5$	$48.2 \pm 1.2$	$2.9 \pm 0.2$
	TPL	0.1	$70 \pm 8.5$	$32.5 \pm 5$	$64.1 \pm 4.5$	$52.5\pm2.7$	$3.3 \pm 0.2$
		1	$64.6 \pm 5.9$	$27.8 \pm 4.4$	$62.3 \pm 7.1$	$50.7 \pm 3.4$	$3.2 \pm 0.2$

ALH, amplitude of the lateral displacement of the sperm head; LIN, linearity; PM, progressive motility; TM, total motility; VAP, velocity according to the smoothed path.

279 although at 0.1 mM TM and ALH were lower than for 280 the Control (P < 0.05).

The cluster analysis yielded four clusters, whose 281 characteristics are shown in the Table 2 being inter-28**2**<sup>2</sup> preted similarly to Martínez-Pastor, et al. [33]. Cluster 283 1 grouped progressive spermatozoa (high velocity and 284 high linearity). The Cluster 2, with a high mean veloc-285 ity, low linearity and highest ALH, grouped hyperacti-286 vated-like spermatozoa. Cluster 3 grouped slower sper-287 matozoa, with linearity and ALH between those of 288 Clusters 1 and 2, therefore being considered "moder-289 ately progressive". Cluster 4 grouped slow and non-290 linear spermatozoa, likely exhausted ones. Figure 2 29F2 shows the changes in the proportions of each cluster 292 over time and the effects of the different antioxidant 293 treatments. In the controls, Cluster 1 increased from 0 294

Table 2

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298	Clusters obtained from CASA data and average values of several
299	kinetic parameters (mean $\pm$ SD). The characteristics of Cluster 2
300	resemble those of hyperactivated spermatozoa (high velocity and
201	ALH, low linearity).

nearity).			
0 h	4 h	41	
$119.7 \pm 58.8$	$245.6 \pm 51.2$	290.2	
$15.3 \pm 1.9$	$14.8 \pm 1.5$	20.8	
$5.5 \pm 2.2$	$5.8 \pm 2.9$	28.1	
	$\begin{array}{c} 0 \text{ h} \\ \hline 119.7 \pm 58.8 \\ 15.3 \pm 1.9 \\ 5.5 \pm 2.2 \end{array}$	0 h         4 h           119.7 $\pm$ 58.8         245.6 $\pm$ 51.2           15.3 $\pm$ 1.9         14.8 $\pm$ 1.5           5.5 $\pm$ 2.2         5.8 $\pm$ 2.9	

to 2 h, decreasing at the 4 h endpoint. Cluster 2 decreased at 2 h. Clusters three and four increased with time. Rutin 1 mM impacted most the motility pattern, significantly decreasing the proportion of Clusters 1 and 2 at both sampling times, while increasing Cluster 4. Rutin 0.1 mM only decreased Cluster 1 at 4 h NAC 1 mM increased Cluster 2 at 2 h while decreasing Cluster 3. Tempol 1 mM increased the proportion of Cluster 4 at 2 h DHA 0.1 mM decreased Cluster 2 at 2 h, and at 1 mM it increased Cluster 1 at both times and decreased Cluster 3 at 4 h.

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290 Membrane status of Control spermatozoa was not 291 affected by incubation time, while the addition of oxi-292 dative stress increased the proportion of membrane-293 damaged spermatozoa (PI+) at 2 h, remaining the same 294 F3 295 at 4 h (table in Fig. 3). This increase was caused mainly by the death of spermatozoa that already presented an 296 increased membrane permeability at 0 h (YO-PRO -297 1+/PI-). This subpopulation showed a reduction of 298  $-9.1 \pm 1.6$  at 2 h, whereas the subpopulation of viable 299 spermatozoa (YO-PRO - 1-/PI-) was reduced by only 300  $-4.7 \pm 1.3$ , at the same time. Figure 3 shows the 301 effects of the antioxidant treatments on the YO-PRO-302 1/PI subpopulations. In general, the addition of antiox-303 idants was detrimental for membrane status, although 304 effects were generally small. At 2 h, the proportion of 305



Fig. 2. Cluster analysis of CASA data. Four clusters were identified, one of them with characteristics resembling of hyperactivated spermatozoa. Graphs show the effects of the antioxidant treatments on cluster proportions at 2 h and 4 h of incubation. Mean and 95% CI are shown respective to Control (dotted line, no effect; asterisks mark significant effects): effects on the left of the dotted line imply a decrease of the parameter; effects on the right of the dotted line imply an increase of the parameter. The table shows mean  $\pm$  SEM values for the Control at 0, two and four h (columns with different letters differ P < 0.05). DHA, Dehydroascorbic acid; NAC, N-acetyl-cysteine; RUT, rutin; TPL, TEMPOL.

viable spermatozoa was reduced significantly in the TEMPOL, DHA and rutin treatments at 1 mm, and in NAC 0.1 mm. At 4 h, only rutin and DHA at 1 mm had a significant effect. With the addition of oxidative stress, only rutin exerted a negative effect, at both times, while NAC 1 mm had a significant effect at 4 h. These changes were accompanied by some increases in the proportion of the YO-PRO - 1+/PI-subpopulation, which was slightly increased at 2 h by NAC 0.1 mm and at 4 h by TEMPOL 0.1 mм, whereas DHA 1 mм caused a decline in this population at this time. However, upon adding oxidative stress, this population grew when in-cubated with 1 mm of rutin or TEMPOL (P < 0.05), displaying this effect both at 2 and 4 h. Subfigure 3a shows that in this case the YO-PRO - 1+/PI+ subpop-ulation did not increase, thus, TEMPOL prevented in part its increase at 2 h, remaining similar to the Control. 

Mitochondrial status as indicated by Mitotracker deep red was neither significantly affected by incubation time nor oxidative stress in the Control samples (table in Fig. 4). It was affected by some antioxidants, causing small significant decreases of the subpopulation of spermatozoa with active mitochondria (YO– PRO - 1-/MT+, subfigure 4a). This effect was shown at

2 h by TEMPOL, rutin and DHA 1 mm, and DHA 0.1 mm, and at 4 h by rutin and DHA 1 mm. Samples with oxidative stress only showed this effect with rutin 1 mM at 2 h and rutin 1 and 0.1 mM at 4 h. In several treatments, the proportion of viable spermatozoa with inactive mitochondria (YO-PRO-1-/MT-, subfigure 4b) increased significantly. This increase was concomitant with the decrease of the YO-PRO - 1-/MT+ subpop-ulation for DHA at 2 h and TEMPOL and DHA 1 mM at 4 h, and, in presence of oxidative stress, for DHA 1 mm at 2 h and rutin at 4 h. In samples with added oxidative stress, YO-PRO-1-/MT-spermatozoa in-creased for rutin 0.1 mM at 2 h and NAC 1 mM at 2 and 4 h, but without a significant decrease of YO-PRO - 1-/MT+ spermatozoa. These changes affected the relative proportion of spermatozoa with active mitochondria respect to the YO-PRO-1-population (subfigure 4c). 



Fig. 3. Effects of antioxidant treatments on sperm plasma membrane (YO-PRO-1/PI assessment) at 2 h and 4 h of incubation: (a) YO-PRO-389 389 1-/PI-spermatozoa (viable, intact plasmalemma, normal permeability); (b) YO-PRO - 1+/PI-spermatozoa (apoptotic-like, increased membrane 390 390 permeability); (d) YO-PRO - 1+/PI+ spermatozoa (non-viable, damaged membrane); (c) ratio of the sperm subpopulation with increased 391 391 membrane permeability (YO-PRO - 1+/PI-) respect to the whole PI-subpopulation (continuous membrane). Left and right panes show effects in absence and presence of oxidative stress, respectively. Mean and 95% CI are shown in respect to Control (dotted line, no effect; asterisks mark 392 392 significant effects): effects on the left of the dotted line imply a decrease of the parameter; effects on the right of the dotted line imply an increase 393 393 of the parameter. The table shows mean  $\pm$  SEM values for the Control at 0, two and four h (columns with different letters differ P < 0.05). DHA, 394 394 Dehydroascorbic acid; NAC, N-acetyl-cysteine; RUT, rutin; TPL, TEMPOL. 395 395

TEMPOL 1 mm, rutin and DHA 0.1 mm, and, in a 397 higher degree, by DHA 1 mm (+7.5  $\pm$  0.8). The effect 398 of DHA 1 mm was even higher at 4 h (+9.2  $\pm$  1.0), 399 while NAC 1 mm slightly decreased the proportion of 400 damaged acrosomes. In presence of oxidative stress and 401 at 2 h, only DHA 1 mm increased this proportion 402  $(+4.7 \pm 1.7)$ , while TEMPOL 1 mm decreased it. At 403 4 h, the effect of DHA 1 mM was no significant, while 404 rutin 0.1 mm increased acrosomal damage, and 405 TEMPOL 0.1 and 1 mm decreased it. 406

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407Intracellular ROS, lipoperoxidation (as MDA pro-<br/>duction) and DNA damage (as the proportion of<br/>TUNEL+ spermatozoa) of the Control are shown in the

396 table in Fig. 5. The presence of intracellular ROS in-F597 creased significantly both with the 4 h incubation and 398 with induced oxidative stress. However, lipoperoxida-399 tion and DNA damage were not significantly affected 400 by incubation time, but they increased with oxidative 401 stress. ROS production at 4 h (Subfigure 5a) was re-402 duced by rutin 1 mM, but not by other treatments. In the 403 samples with added oxidative stress, TEMPOL 1 mM 404 and both rutin concentrations (specially 1 mM) reduced 405 ROS production significantly respect to the Control. In 406 the case of MDA levels (Subfigure 5b), NAC 1 mM and 407 both concentrations of TEMPOL and rutin reduced 408 them significantly. Adding oxidative stress, rutin 1 mm 409



440 Fig. 4. Effects of antioxidant treatments on mitochondria and acrosome (YO-PRO-1/Mitotracker deep red/PNA-FITC assessment) at 2 h and 4 h 441 441 of incubation: (a) YO-PRO - 1-/MT+ spermatozoa (viable with active mitochondria); (b) YO-PRO-1-/MT-spermatozoa (viable with inactive 442 442 mitochondria); (c) ratio of the sperm subpopulation with active mitochondria (YO-PRO - 1-/MT+) respect to the whole YO-PRO-1-443 subpopulation (viable spermatozoa); (d) PNA+ spermatozoa (damaged acrosomes). Left and right panes show effects in absence and presence of 443 oxidative stress, respectively. Mean and 95% CI are shown respective to Control (dotted line, no effect; asterisks mark significant effects): effects 444 444 on the left of the dotted line imply a decrease of the parameter; effects on the right of the dotted line imply an increase of the parameter. The table 445 445 shows mean  $\pm$  SEM values for the Control at 0, two and four h (columns with different letters differ P < 0.05). DHA: Dehydroascorbic acid; 446 446 NAC: N-acetyl-cysteine; RUT: rutin; TPL: TEMPOL. 447 447

and both concentrations of TEMPOL and NAC signif-449 icantly reduced MDA levels. The proportion of 450 TUNEL+ spermatozoa was not reduced by any anti-451 oxidant treatment in the absence of oxidative stress 452 (subfigure 5c), but DHA 1 mM increased it moderately 453 (mean increase of 7.0  $\pm$  3.2). Only with oxidative 454 stress the antioxidants showed protective effects on 455 sperm DNA, with TEMPOL 1 mM and both rutin con-456 centrations showing the largest effects (TEMPOL 1 457 mм: −21.5 ± 3.3; rutin 1 mм: −19.8 ± 3.4; rutin 0.1 458 mm:  $-19.9 \pm 3.4$ ). In practice, these treatments abol-459 ished the DNA damage produced by the oxidative 460 stress (table in Fig. 5). Tempol 0.1 mM and NAC 1 mM 461

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also reduced the proportion of TUNEL+ spermatozoa significantly, although only slightly above half the effect of the later treatments (TEMPOL 0.1 mm:  $-10.3 \pm 3.3$ ; NAC 1 mm:  $-11.8 \pm 3.3$ ).

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The most relevant results are summarized in Table 3.

#### 4. Discussion

The mammal spermatozoon is particularly vulnerable to oxidative stress, because of its lack of cytoplasm, composition of the plasma membrane (rich in polyunsaturated fat acids) and exposure to different environ-461

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Fig. 5. Effects of antioxidant treatments on oxidative damage at 4 h 494 of incubation: (a) Intracellular ROS according to CM-H2DCFDA 495 fluorescence (MFI: median fluorescence intensity, arbitrary units); (b) 496 lipid peroxidation, as free malondialdehyde-MDA-production; (c) 497 DNA damage as proportion of TUNEL+ spermatozoa. Left and right 498 panes show effects in absence and presence of oxidative stress, respectively. Mean and 95% CI are shown in respect to Control 499 (dotted line, no effect; asterisks mark significant effects): effects on 500 the left of the dotted line imply a decrease of the parameter; effects 501 on the right of the dotted line imply an increase of the parameter. The 502 table shows mean  $\pm$  SEM values for the Control at 0, and 4 h (columns with different letters differ P < 0.05). DHA: Dehydroascor-503 bic acid; NAC: N-acetyl-cysteine; RUT: rutin; TPL: TEMPOL. 504

ments (especially when used in artificial reproductive
techniques, ART) [13,34,35]. Therefore, antioxidants
have been proposed as supplements to the media used
for sperm processing and incubation in ART [36]. In
this study, we have tested four antioxidants in red deer
spermatozoa, to assess their suitability for practical use,
and to investigate their effects on sperm physiology and

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functionality. This study follows a previous trial [9], in 462 which lipoic acid, melatonin, trolox (a water-soluble 463 464 form of  $\alpha$ -tocopherol) and crocin (a saffron carotenoid) 465 were tested, with different results. Contrarily to that study, in which trolox, crocin and melatonin showed 466 467 many positive effects, the antioxidants of the present 468 trial showed mixed results. In fact, we have detected many detrimental effects, which cast doubt about the 469 470 practical use of some of them in red deer spermatozoa. 471 However, some effects could be interesting for some 472 applications, and deserve further testing.

473 Other authors have noted a lack of dramatic benefits 474 when using antioxidants [21,37], and even reported loss 475 of quality [5,13]. This lack of benefits could arise from 476 the presence of other protective substances in extend-477 ers, low metabolic activity of the spermatozoa and 478 relatively short exposure to aerobic conditions during 479 sperm work. Moreover, sperm samples are usually pro-480 cessed and stored at low temperatures, decreasing the 481 sperm metabolism and the rate of potentially detrimen-482 tal reactions. Considering ruminants, it is possible that 483 the response to oxidative stress could be different from 484 other species. For instance, human spermatozoa is 485 highly sensitive to the addition of hydrogen peroxide, 486 quickly losing motility and viability upon exposure to 487 25 µMof H<sub>2</sub>O<sub>2</sub> [38]. Contrarily, red deer epididymal 488 spermatozoa seems to be more resistant to the effect of 489 ROS [9], although some sperm parameters, such as 490 motility, may be affected by relatively high H<sub>2</sub>O<sub>2</sub> levels 491 [39]. In our study, we used an incubation at 37 °C up to 492 4 h, looking for disclosing any detrimental effects 493 helped by the increased sperm metabolism, which 494 might be more evident in these conditions than during 495 refrigerated or frozen storage.

496 The detrimental effects showed by TEMPOL con-497 trast with the results obtained in previous studies in ram 498 semen [19]. Nevertheless, it must be taken into account 499 that we used epididymal spermatozoa, whereas these 500 authors utilized ejaculated ones, which may account for 501 those differences. Our group and others have noted that 502 epididymal and ejaculated spermatozoa show some dif-503 ferences [40-42], which may root in different physio-504 logical regulation and, therefore, different response to 505 ROS and antioxidants. Tempol is a stable piperidine 506 nitroxide, whose effects have been compared with 507 those of superoxide dismutase (SOD) [43], removing 508 superoxide and other radicals. In fact, this antioxidant 509 could convey advantages over SOD, since it can per-510 meate membranes and act intracellularly, and it would 511 not produce  $H_2O_2$  [44]. The results obtained in ROS 512 levels and MDA production showed indeed that 513

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514 Table 3

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515 Summary table. The most relevant results are shown in a reduced form. Each parameter is shown when there is a significant effect respect to the control (P < 0.05); positive effects are shown underlined, and negative effects are shown plain. Abbreviations are shown at the bottom of the table.

Antioxidant	mM	2 h	4 h	2 h OXI	4 h OXI
DHA	0.1	MIT	Mot		
	1	Mi MIT	Mi mit DNA		
NAC	0.1	MI	Mot		LPO
	1	НҮР	Mot LPO		LPO DNA
RUT	0.1		LPO	MI	Mi mit ros DNA
	1	Mot hyp mi MIT	Mot hyp mi MIT	Mi MIT	Mi mit ros LPO
			Ros LPO		DNA
TPL	0.1		Mot LPO		LPO DNA
	1	Mi MIT	Mot LPO		Ros LPO DNA

DHA, dehydroascorbic acid; NAC, N-acetyl-cysteine; RUT, rutin; TPL, TEMPOL; MOT, motility; HYP, proportion of hyperactivated-like spermatozoa; MI, membrane integrity; MIT, active mitochondria; ros, ROS concentration; LPO, lipid peroxidation; DNA, DNA damage.

529 TEMPOL is an effective antioxidant. The 1-mm treat-530 ment was also very efficient scavenging free radicals 531 and protecting DNA in presence of induced oxidative 532 stress. The inhibition of motility observed in the 533 TEMPOL samples could be caused either by a direct 534 toxic effect or by the excessive removal of intracellular 535 free radicals. It is well known that cells regulate their 536 activity by means of a finely adjusted redox balance, 537 using free radicals as second messengers in signal 538 transduction cascades. Many studies have proved that 539 similar mechanisms are present in spermatozoa, where 540 free radicals modulate capacitation and other events 541 [45]. The application of oxidative stress promotes 542 capacitation and tyrosine phosphorylation [46,47], 543 whereas the application of radical scavengers inhibits 544 these processes. Is it possible that TEMPOL, being an 545 efficient intracellular radical scavenger, were interfer-546 ing with transduction cascades during the incubation of 547 spermatozoa? It might be one explanation for the re-548 duction of sperm motility at 4 h and other effects that 549 we observed in TEMPOL-treated samples. Indeed, 550 TEMPOL reduced in part the ROS-induced increase of 551 damaged acrosomes at 2 and 4 h, which may be a hint 552 of TEMPOL inhibiting capacitation-related events. 553 Moreover, the effect of TEMPOL could vary depend-554 ing on the treatments applied to the spermatozoa. Foote, 555 et al. [21] indicated that TEMPOL had toxic effects in 556 bull spermatozoa frozen in whole milk extender (with 557 only 0.2 mm), while these effects were greatly de-558 creased when using an egg yolk-Tris extender instead. 559

560Rutin elicited even a more pronounced inhibition of561sperm motility at 1 mM, while showing a high ability to562scavenge free radicals and to protect DNA. The pro-563tection of DNA against induced oxidative stress was564not noted in previous studies with lymphocytes [48],565but it was clearly showed in our study, where rutin

abolished DNA damage even at 0.1 mm. Flavonoids can behave either as mutagens or antimutagens, depending on the conditions. For instance, several flavonoids, rutin among them, caused genotoxic effects in human lymphocytes and spermatozoa [49,50]. When they were combined with food mutagens they exacerbated genotoxic effects at low doses, but they showed antigenotoxic activity at high doses. Nevertheless, in vivo tests have discarded genotoxic effects for quercetin and other flavonoids [51]. Flavonoids (quercetin and kaemferol up to 500  $\mu$ M) were capable to reduce the DNA damage on lymphocytes and spermatozoa when treated with estrogen-like compounds and hydrogen peroxide [24]. It seems that the concentrations of rutin used in this study favor the antioxidant effects of this molecule, but results may vary in other media or upon dilution of semen samples (e.g., AI).

546 Several studies have found a strong affinity of sev-547 eral flavonoids to the DNA [52]. The interaction of 548 flavonoids with the DNA helix stabilizes the DNA 549 structure, enables the flavonoid to react with free rad-550 icals and to repair oxidized bases or the sugar backbone 551 [53]. However, this is a double-edged property, since 552 the close proximity of the flavonoid phenyl rings to the 553 base pairs can equally increment the prooxidant effect. 554 According to our results, rutin protected sperm DNA 555 against oxidative stress, possibly because of the mech-556 anisms described in the aforementioned studies. Plasma 557 membrane limits the intracellular concentration of fla-558 vonoids [54], explaining the similar effects of 0.1 and 1 559 mM, and possibly stabilizing it to such a concentration 560 that favors its antioxidant activity. 561

Taking into account the results for DNA status,562lipoperoxidation levels and intracellular ROS, the effects of rutin in motility and other physiological parameters are unlikely to be caused by a prooxidant effect.563564565

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Like in the interpretation of TEMPOL results, its neg-566 567 ative effects may be due to an excessive removal of intracellular ROS, interfering with intracellular signal-568 569 ing. The inhibition of motility affected clearly the sub-570 population structure, with a decrease in the proportion 571 of the fast subpopulations (Clusters 1 and 2) and a 572 concomitant increase of the slow subpopulation (Clus-573 ter 4). These results suggest that rutin at high concen-574 trations may inhibit not only sperm metabolism, but 575 also signaling routes regulating flagellar beating [55]. 576 This is supported by the fact that motility inhibition was 577 much larger than the detrimental effect on membrane 578 integrity or mitochondrial activity. Moreover, querce-579 tin, another flavonoid, has been identified as a specific 580 inhibitor of plasma membrane calcium-ATPase, induc-581 ing an increase of intracellular calcium and modulatory 582 effects on sperm capacitation [56]. Rutin, although less 583 active than quercetin, has similar effects [57], and thus 584 part of our results could be a consequence of the direct 585 interaction of rutin with the signal transduction system 586 of the spermatozoa.

587 Contrarily to the other antioxidants, NAC at 1 mm 588 exerted smaller negative effects than at 0.1 mm. This is 589 a rather paradoxical result, which could be interpreted 590 as the consequence of negative effects being super-591 seded by the higher antioxidant protection of NAC 1 592 mm. Although NAC did not have a significant effect on 593 reducing ROS, at 1 mm was effective both reducing 594 MDA levels and TUNEL+ spermatozoa, not achieving 595 rutin or TEMPOL levels, though. Moreover, although 596 NAC decreased the proportion of motile spermatozoa at 597 4 h, at 2 h it slightly increased the proportion of Cluster 598 2 (hyperactivated-like) while decreasing the proportion 599 of Cluster 3 (moderately progressive). At 2 h, there was 600 a decrease in the proportion of Cluster 2 in the control, 601 accompanied by increases in Clusters 1 and 3. This may 602 indicate a modulating effect in regulation pathways, 603 and different from other treatments, such as rutin 1 mm. 604 Thiol antioxidants have interesting properties [58], 605 making them good candidates for antioxidant supple-606 mentation of sperm media. Nevertheless, the use of 607 these antioxidants has resulted in mixed results. Cys-608 teine, NAC and GSH at 0.5 and 1 mm maintained the 609 motility of thawed bull semen up to 6 h in absence of 610 oxidative stress [26]. In the same study, 1 mm, but not 611 0.5 mm, of these antioxidants protected motility in 612 presence of oxidative stress (100  $\mu$ m H<sub>2</sub>O<sub>2</sub>). However, 613 Foote, et al. [21] found that, although GSH supplemen-614 tation of bull semen helped to maintain the progressive 615 motility 12 h after thawing, it did not improve non-616 return rates. 617

Some of our results on TEMPOL and NAC differ 566 from previous studies. For instance, it has been reported 567 that 2 mm TEMPOL improved fertility of refrigerated 568 569 semen in ram [19] (but not in goat [20]), and Foote, et 570 al. [21] reported no motility decrease when freezing 571 bull spermatozoa with an egg yolk-Tris extender sup-572 plemented with TEMPOL. It is possible that TEMPOL 573 exerts negative effects at physiological temperatures, 574 but not at low temperatures. Moreover, in the IVF and insemination trials [19,20], sperm media is highly di-575 576 luted or removed, and therefore spermatozoa do not 577 remain in contact with the antioxidant for a long time at 578 physiological temperatures. Thus, taking into account 579 the good results of TEMPOL protecting DNA, as a 580 lipoperoxidation blocker and scavenging ROS, this an-581 tioxidant might be tested for red deer spermatozoa 582 cryopreservation, but taking care of removing it after 583 thawing. Similarly, several studies have reported that 584 NAC (0.5 and 1 mM) improved the motility of refrig-585 erated dog semen [28] and cryopreserved bull semen 586 [26], and Oeda, et al. [27] reported a small improve-587 ment of motility in fresh human semen (6.3 mm). There 588 are differences among studies, most probably because 589 of interspecific or experimental differences. For in-590 stance, NAC had no effect on the motility of refriger-591 ated stallion semen [29], but it was used at only 200 592  $\mu$ M, whereas it improved dog semen motility being 593 used at 1.5 mm [59]. Moreover, 1.5 mm NAC was not 594 able to decrease basal ROS levels of dog spermatozoa 595 [28,59], and in our study neither one nor 0.1 mm re-596 duced ROS, even in presence of oxidative stress. How-597 ever, NAC, both at 6.3 and 31.3 mM (but not at 0.6 mM), 598 reduced ROS in fresh human spermatozoa. The fact 599 that higher NAC concentrations improved results in all 600 these studies, including ours, enable us to suggest that 601 future cryopreservation trials with red deer spermato-602 zoa should include concentrations above 1 mм. Never-603 theless, Michael, et al. [28], after refrigerating dog 604 semen for 72 h, obtained no improvement with 2.5 mM, 605 and there was a decrease of motility with 5 mm, an-606 nouncing toxic effects at relatively high concentrations.

607 The results of DHA are paradoxical, and have some 608 resemblance to those obtained testing 1 mM crocin in 609 our previous study by Domínguez-Rebolledo, et al. [9]. 610 Similarly, crocin improved motility during a 4 h incu-611 bation and, in absence of oxidative stress, increased the 612 proportion of damaged acrosomes. However, there are 613 some important differences: 1 mM DHA improved mo-614 tility slightly, increasing kinematic parameters, while 615 the effect of crocin was more dramatic, maintaining the 616 proportion of motile spermatozoa above Control lev-617

els; despite of a slight decrease of average values, the 618 619 effect of crocin on mitochondrial and membrane pa-620 rameters -in absence of oxidative stress-was not signifi-621 cant; crocin prevented acrosomal damage in presence of 622 induced oxidative stress; and, more importantly, despite of 623 enhancing lipid peroxidation, it protected sperm DNA in 624 presence of oxidative stress. In this study, we found that 625 DHA 1 mm not only stimulated motility, but also affected 626 the subpopulation patter, increasing Cluster 1 (fast and 627 progressive spermatozoa), at the expense of Cluster 3 (less 628 rapid and linear).

629 Therefore, it seems that DHA behaved more as a 630 prooxidant than as an antioxidant. DHA has been stud-631 ied in other cell types [10,11], observing that it is 632 reduced to ascorbic acid intracellularly, entering in the 633 antioxidant pool of the cell. However, the ability of 634 spermatozoa to reduce DHA to ascorbic acid might be 635 limited, and other studies have shown analogous defi-636 ciencies on spermatozoa. For instance, bull spermato-637 zoa was unable to regenerate GSSG to GSH efficiently 638 [26], unless provided with external reducing power in 639 the form of NADPH. We could be witnessing a similar 640 problem here, with DHA accumulating intracellularly 641 and altering the redox balance of the spermatozoa be-642 cause of its deficient reduction. Although no clear ef-643 fects could be detected in the ROS assessment, the 644 increased acrosomal damage, stimulated motility and 645 increased DNA damage in absence of oxidative stress 646 provide indirect evidence of possible prooxidant activ-647 ity. Nevertheless, we would expect that DHA modified 648 the subpopulation pattern increasing the hyperacti-649 vated-like spermatozoa because of ROS increase, but 650 we found an increase in the highly progressive sperma-651 tozoa. 652

In conclusion, the results of this study are mixed. On 653 the one hand, DHA, it behaved as a prooxidant. Despite 654 some motility-stimulating activity, the possible induc-655 tion of DNA damage prevents against its use with 656 spermatozoa. By contrast, taking into account previous 657 studies in other species, TEMPOL and NAC could be 658 used for supplementing extenders for red deer sperma-659 tozoa, because of its ability to suppress lipid peroxida-660 tion and to protect sperm DNA. Rutin, despite its good 661 results protecting sperm DNA, clearly altered sperm 662 physiology in a dose-dependent manner. It may be due 663 to excessive ROS scavenging and even direct interfer-664 ence in transduction pathways. In this study, we have 665 assessed these antioxidants in conditions pursuing to 666 amplify any effects on the spermatozoa. The modifica-667 tion of motile subpopulations pattern further support 668 that the antioxidants modulate or interfere with regula-669

tion pathways. Taking into account this information, 618 the next step must be testing these antioxidants in the 619 cryopreservation of red deer epididymal spermatozoa, 620 using our results here to help to design new experi-621 ments. The steps of a cryopreservation protocol take 622 place usually at low temperatures, and therefore the 623 detrimental effect of these antioxidants may be mini-624 mized if added to the semen before cooling or at 5 °C. 625 and removing the extender or inseminating immedi-626 ately after thawing. Moreover, the possible effects of 627 these substances in capacitation and other pathways (as 628 suggested by the modifications of the motility subpop-629 ulation pattern) should be studied with more specific 630 techniques [60] to acquire valuable knowledge of 631 sperm physiology. 632

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