

**2011 SCIENTIFIC CONGRESS ON MARTIAL
ARTS AND COMBAT SPORTS**

Viseu – Portugal

13th - 15th May 2011

PROCEEDINGS

Scientific Editors

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**Associação para o Desenvolvimento e Investigação de Viseu
Instituto Politécnico de Viseu
Escola Superior de Educação de Viseu**

Viseu 2011

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Objectives

1. To gather researchers to promote debate around the study object of the contexts of 'martial arts', 'combat sports' or 'self-defence': combat human motricity;
2. To reflect on on-going national and foreign research work;
3. To promote the dissemination of projects in the fields concerned;
4. To call the attention to the need of developing different scientific approaches.

Main Target Groups

Researchers in the field of martial arts/combat sports (MA&CS);
Teaching and training participants in the area of MA&CS;
Higher education students and advanced level practitioners;
Heads of Organisations promoting MA&CS.

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CI&DETS – Centre for the Study of Education, Technology and Health.
CIDESD – Research Centre on Sport, Health and Human Development.



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ON MARTIAL ARTS AND COMBAT SPORTS**
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**POLYTECHNIC INSTITUTE OF VISEU
MAIN AUDITORIUM**

CONGRESS PROGRAM INTRODUCTION

The Congress will be divided into two main blocks: (1) global approach (2) multidimensional.

The global approach on the first day will mainly focus on three areas:

- a) MA&CS object of study, systematic, institutions and research;
- b) Instructors and Coach Education processes in MA&CS;
- c) Pedagogy and Didactical knowledge.

The multidimensional block will be based on the analysis of martial arts and combat sports according to five dimensions:

- i) Physical dimension – physiological conditioning factors in physical training;
- ii) Technical dimension - biomechanical conditioning factors in technical training;
- iii) Tactical dimension –bioinformational conditioning factors in tactical training;
- iv) Psychological dimension – affective and emotional conditioning factors in psychological training;
- v) Socio-cultural and philosophical dimension – conditioning factors of norms, values and symbols.

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PREFERRED TERMINOLOGY FOR IMPROVING PUBLICATION VISIBILITY OF MARTIAL ARTS & COMBAT SPORTS SCIENTIFIC LITERATURE

Introduction and objectives

Martial arts and combat sports (MA&CS) terminology is very diverse and heterogeneous due to the amount of different styles, schools and martial practices or sports that exist all around the world. Research visibility and information retrieval are limited by these causes. The aim of this study is to point out the different terms related to the widespread martial arts included in the scientific literature. From this basis, a set of recommendations for authors, reviewers and journals publishing MA&CS works are offered for improving publication visibility.

Methodology

Based on some specific works about MA&CS terminology, a group of 278 searching terms was made up, including the several terms related to different martial arts (e.g., judo, karate, taekwondo) as well as to the varied names taken by a martial art (e.g., tai chi, taichi, tai ji, taiji, taijiquan, etc.). Terms were entered individually in the “*Topic*” search field of SCI-EXPANDED, SSCI, A&HCI databases from Web of Science (WOS) for data mining. Our research was limited to article or review documents published from 2000 to 2009.

Searching history was saved in *My Saved Searches* option for future retrieval while obtained data referred to each term was filtered manually and exported to SPSS program (v. 19) for statistical analysis. Total and relevant references were registered for obtaining the relevance and informational noise from each search. A descriptive analysis of the data was done.

Results and discussion

55.4% of the terms were not used by the authors, since they refer to MA&CS papers that have not been indexed in the studied databases yet (e.g. aikijutsu) or to MA&CS terms that have not been utilized (e.g. kenpo). On the other hand, 44.6% of the terms retrieved some article or review document, which indicates a research focus on certain MA&CS. Specific terminology is quite standardized, although there are some MA&CS with a variety of different names in the published works. Generally, a preferred and most common term is used by authors when a martial art can be referred by different names, so future studies should introduce it for getting a wider publication visibility.

On the other hand, terms related to unknown or new MA&CS (e.g. mukumbusu) do not retrieve too many documents, so it is recommended to use a broader term (e.g., martial arts) in the usual indexing fields (title, abstract, keywords) so users can easily retrieve those documents in the future.

Also, several terms (e.g. sumo) produced an excessive informational noise due to their polysemy and usual appearance in others fields of study. Including or specifying broader terms should go with them as well.

WOS database production and its rules for searching slow down the retrieval and extraction of relevant information about each MA&CS in some cases, therefore WOS users, or in general from any other database, should know the rules for searching and truncation, boolean operators and wildcard characters utilization, and features of that databases for optimized their searches and avoiding the informational noise.

Conclusion

Preferred terms from each MA&CS as well as broader terms in relation to the topic of the research should be included in the title, keywords or abstract of the studies for obtaining a higher publication visibility and facilitating researchers the information retrieval in this field of study, even though most appropriate terminology considered by the authors would be also used in their papers.

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